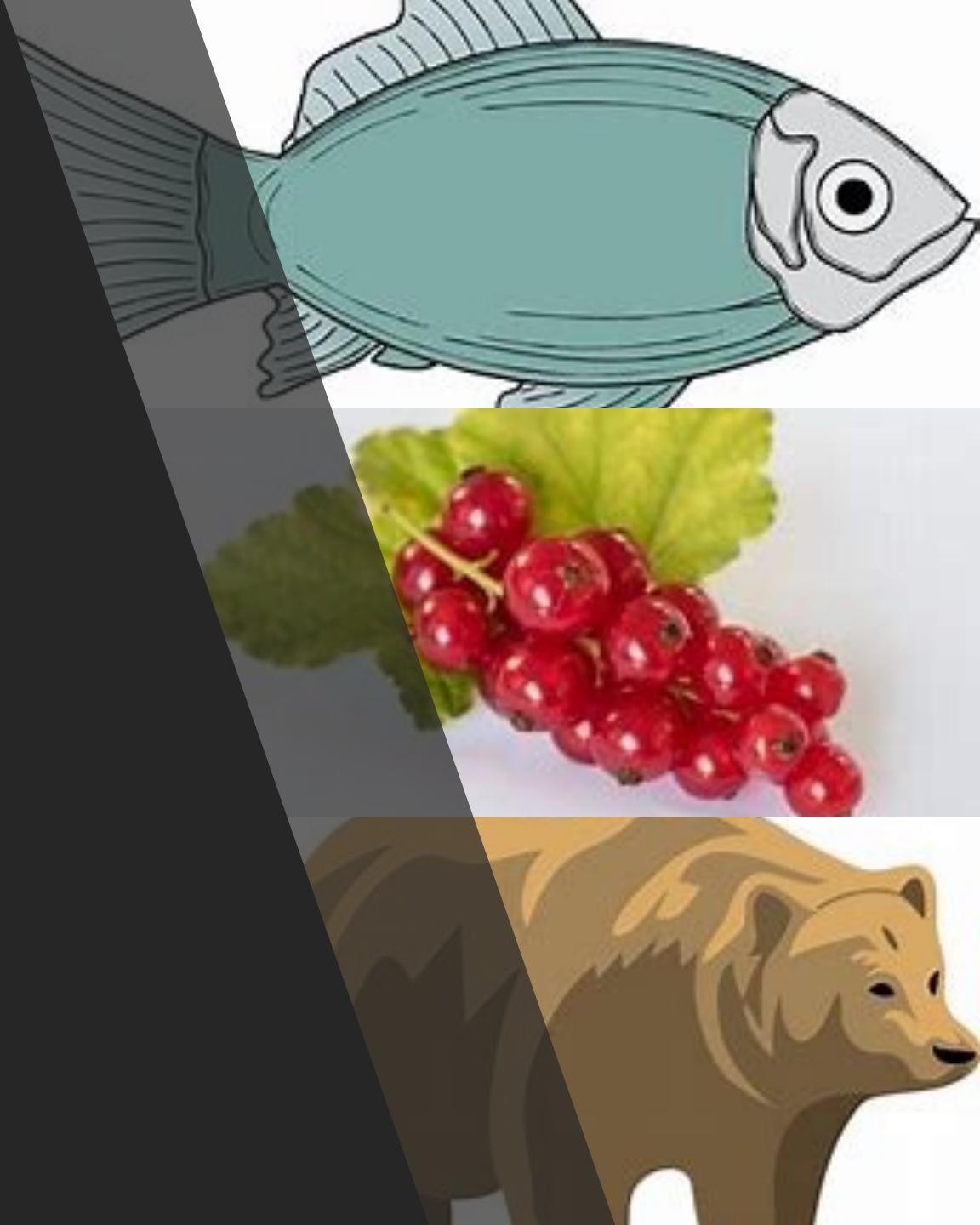


Animals eat different foods!

A Bear's Lunch



Different animals eat different things. There are special names for the way different animals eat.

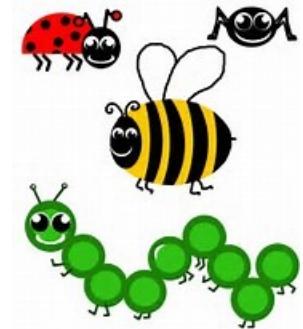
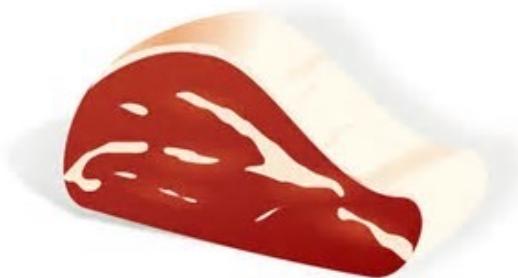
- Herbivores eat plants, berries, grains or nuts.
- Carnivores eat meat—animals, worms, etc.
- Omnivores eat meat, insect and plant foods.
- Insectivores eat insects.
- detritivores eat dead animals.
- Decomposers decompose decaying matter.



Different living things eat different things.

Bears are omnivores—they eat plants, meat and insects—herbivore, carnivore, insectivore foods.

Bears like plants and bears crave meat.
Bears think insects are great to eat!



Some animals eat decaying matter—they are detritivores.
Decomposers breakdown decaying matter.



Bears are omnivores. Omnivores eat plants, meat and insects.



You can be bear finger food!

Bears like berries.
(picking berries low)

Bears like meat.
(chewing)

Bears like insects.
(fluttering hands)

Bears like to eat!
(clapping)



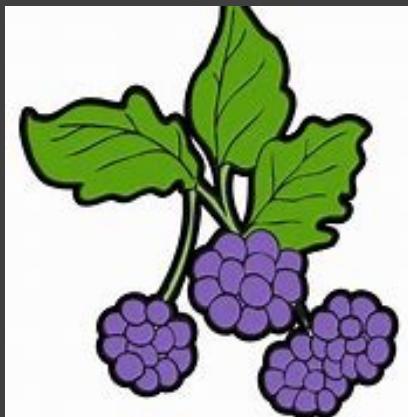


You can sing a bear song to *The Bear Went Over the Mountain* melody!



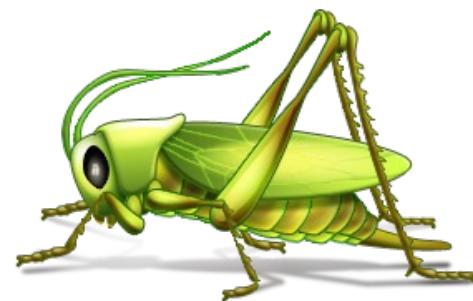
The bear went over the mountain.
The bear went over the mountain.
The bear went over the mountain
To see what it could eat.
And what do you think it ate?
And what do you think it ate?
It ate fruit and nuts on the mountain.
It ate meat and plants on the mountain.
It ate insects on the mountain!
As much as it could eat.

Adapted from Growing Up WILD
<https://www.fishwildlife.org/projectwild/growing-wild>





You can sing the
Bear Song to *My
Darling Clementine*



Bears eat fruit and
Bears eat insects.
Bears eat meat and some nuts
too.
They eat all these things
together
So they live like me and you!



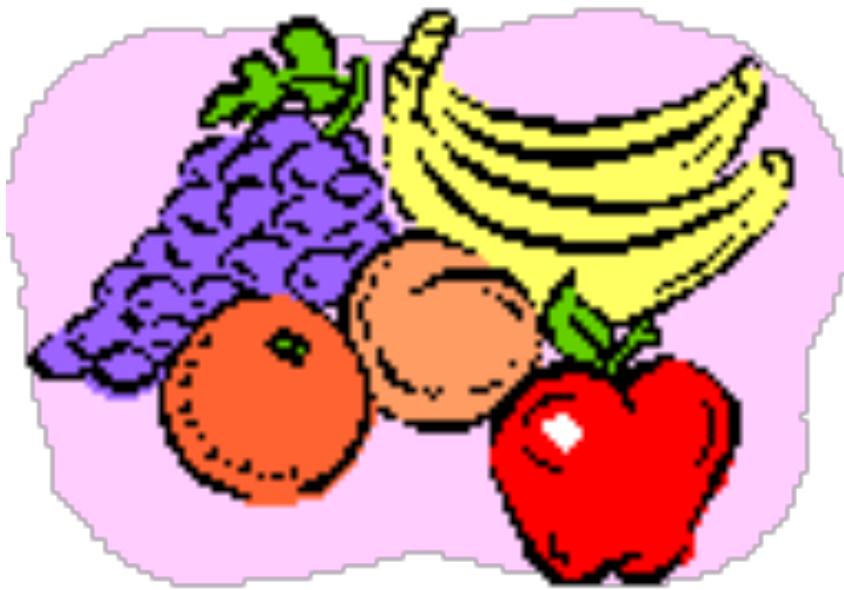


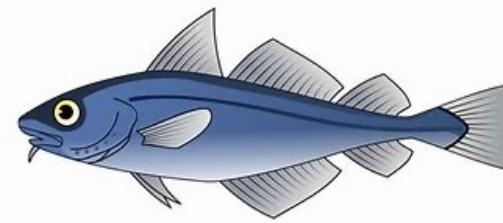
You can sing the
Bear Song to *My
Darling Clementine*

- Bears eat fruit and
- Bears eat insects.
- Bears eat meat and some nuts too.
- They eat all these things together
- So they live like me and



You can act out the bear songs with the pictures!





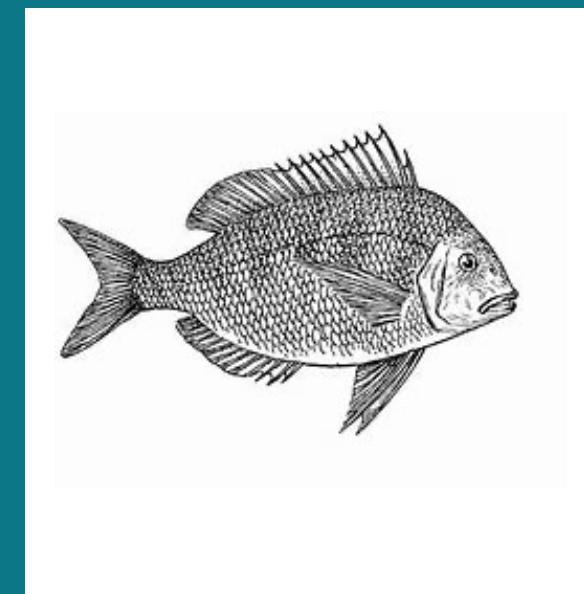
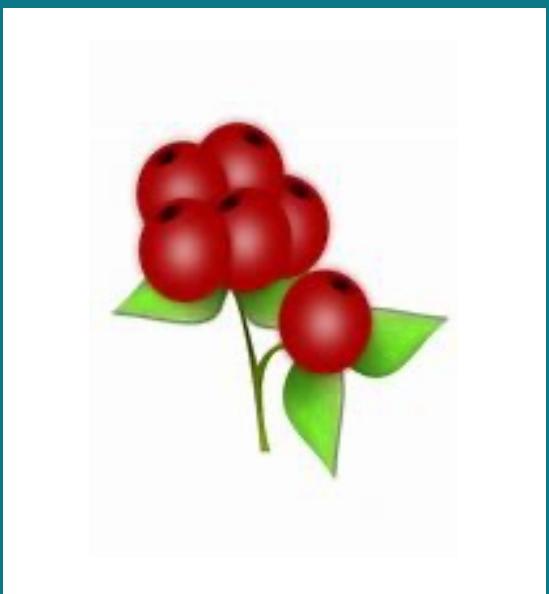
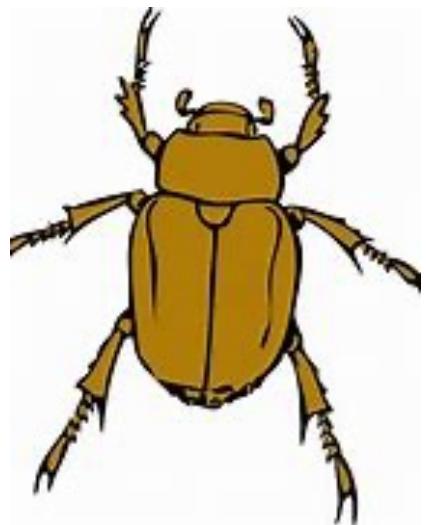
You can make a food eating game. Cut out out the foods and put them in the squares.

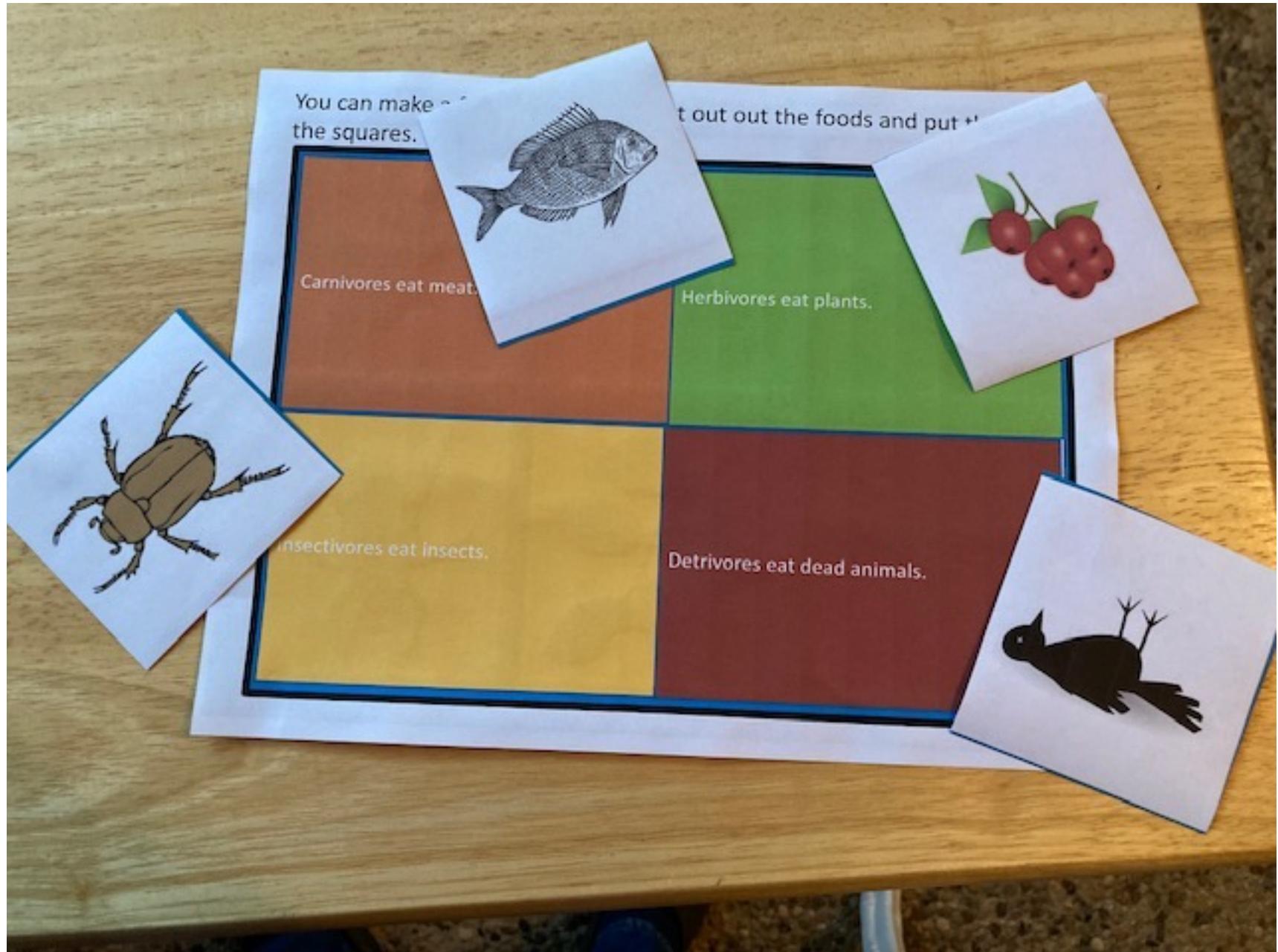
Carnivores eat meat.

Herbivores eat plants.

Insectivores eat insects.

detritivores eat dead animals.







Bears Are Omnivores!

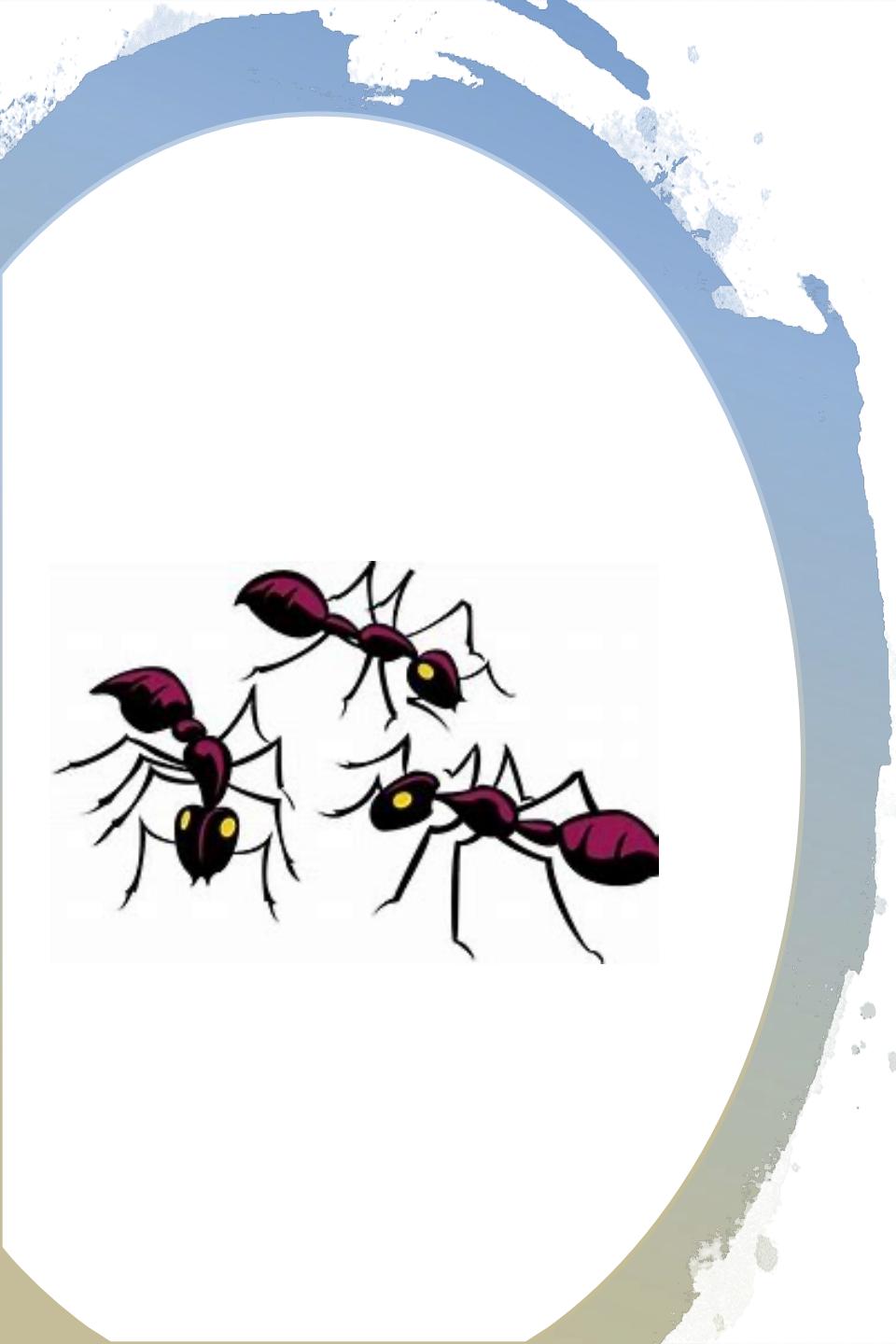
A Bear's Lunch



Bears eat berries.



Bears eat meat.



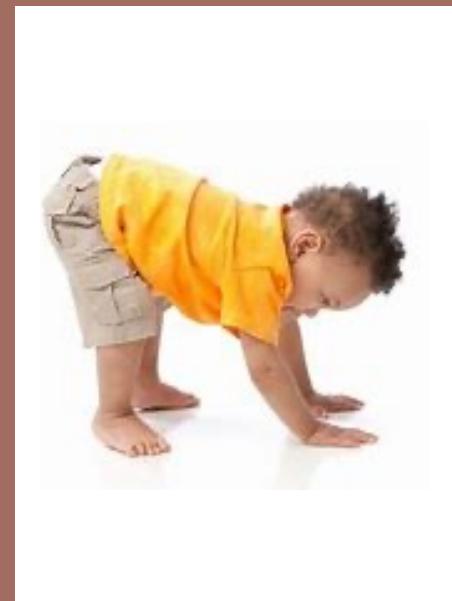
Bears eat insects.



Bears like to eat!

You can walk like a hungry bear!

Curl your hands into fists, bend down in half with straight legs and walk like a bear to find bear foods for your Bear Tummy Bag!

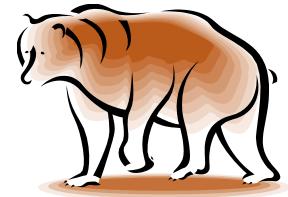
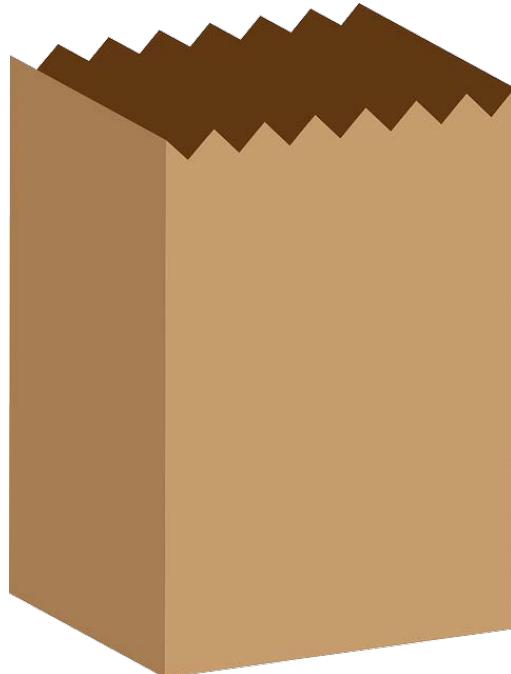


Make a Bear Tummy Bag for collecting bear foods hidden around the house. You can go on a bear scavenger hunt!

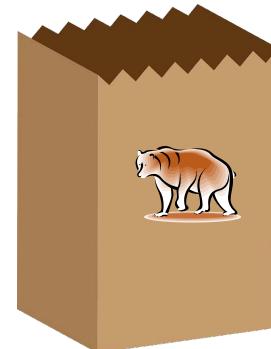


Cut out your bear picture and glue it on a paper bag to be a Bear Tummy collecting bag for the walk.

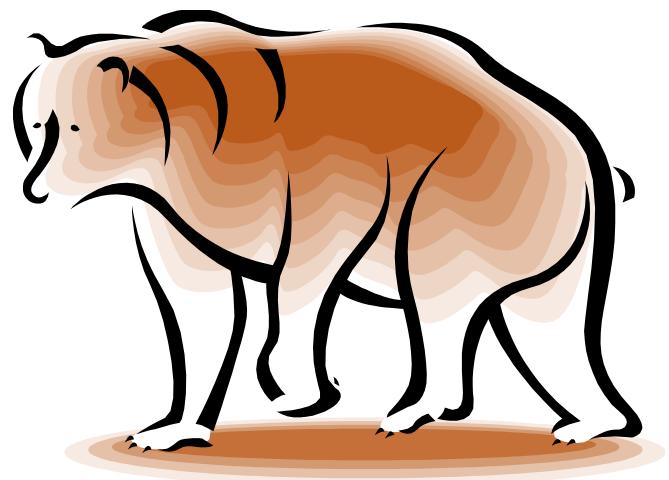
Decorate your tummy bag.



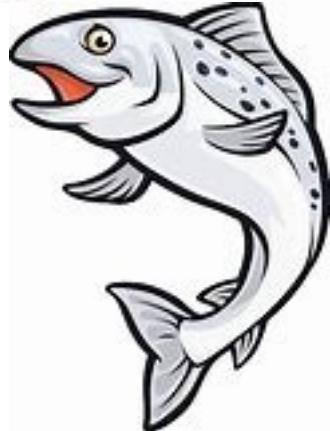
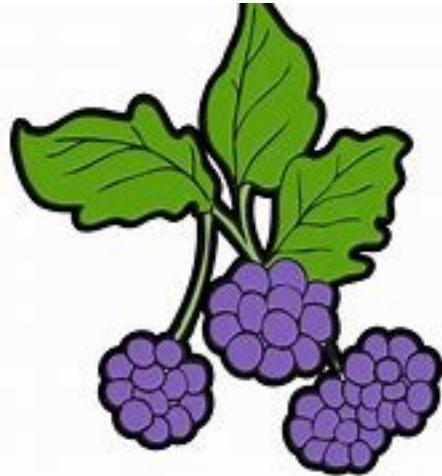
Glue the bear picture on the Bear Tummy bag!



Bear to glue on the Bear Tummy Bag.



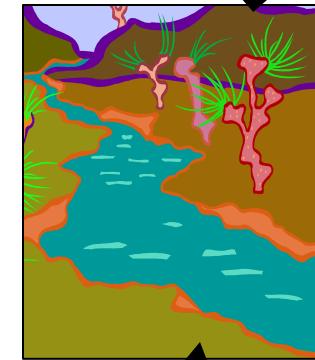
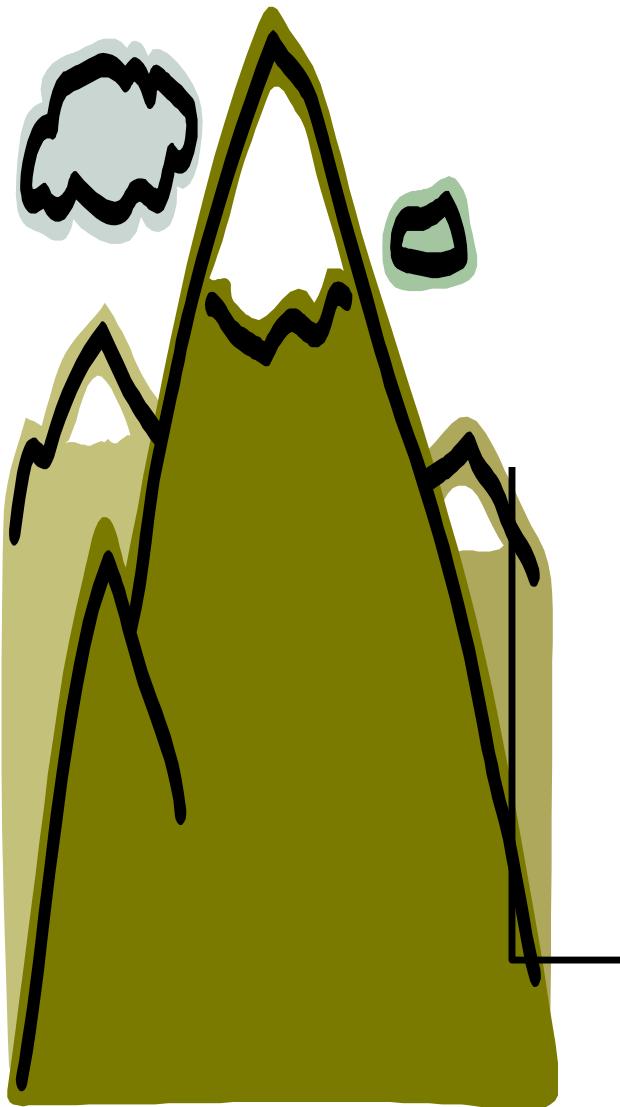
You can cut out pictures to hide for the bear food scavenger hunt.





Bear Tummy
collecting
bag and
bear foods

You can also act out a Bear Hunt. Here are the pictures for the hunt!



Going on a Bear Hunt actions:



We're going on a bear hunt! (clapping)



Climb a tall mountain. (reaching up high)

Swish through the tall grass. (swaying)



Climb up a tree. (pretending to climb)



Stomp through a puddle. (stamping feet)



Swim through a lake. (swimming motions)



Oops—there's the bear-run run run fast back home! (running)



Hide the food in the Bear Forest!



You can cut out food for hiding
in the Bear Forest!





Hide the food in the Bear Forest!





You can take a discovery walk!

- Where is the water in your house? Where is the food? What kinds of shelter do you have? Is there space enough for each person?
- Can you find water, food and shelter for bears around your house?
- What foods do you have inside or outside your house that a carnivore, herbivore or insectivore might like to eat?

Be a nature chef!

Make a meal for a bear! What do you have at home that a bear would like to eat?





You can eat
like a bear!

What will you put in your lunch
bag? Mini pretzel butterflies,
goldfish or animal crackers,
berries?

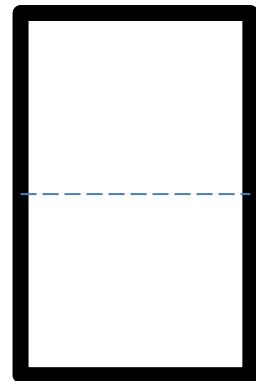
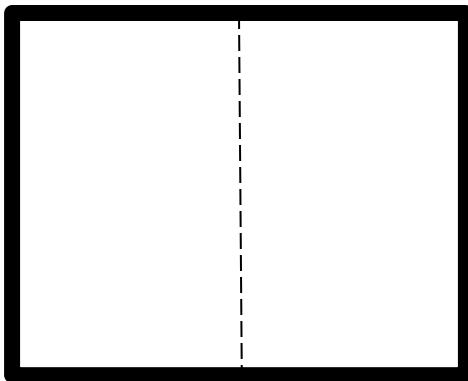


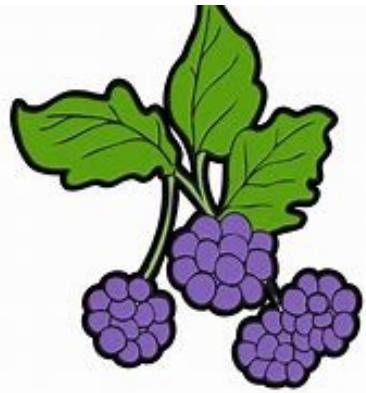
You can
use bear
foods to
design a
bear!

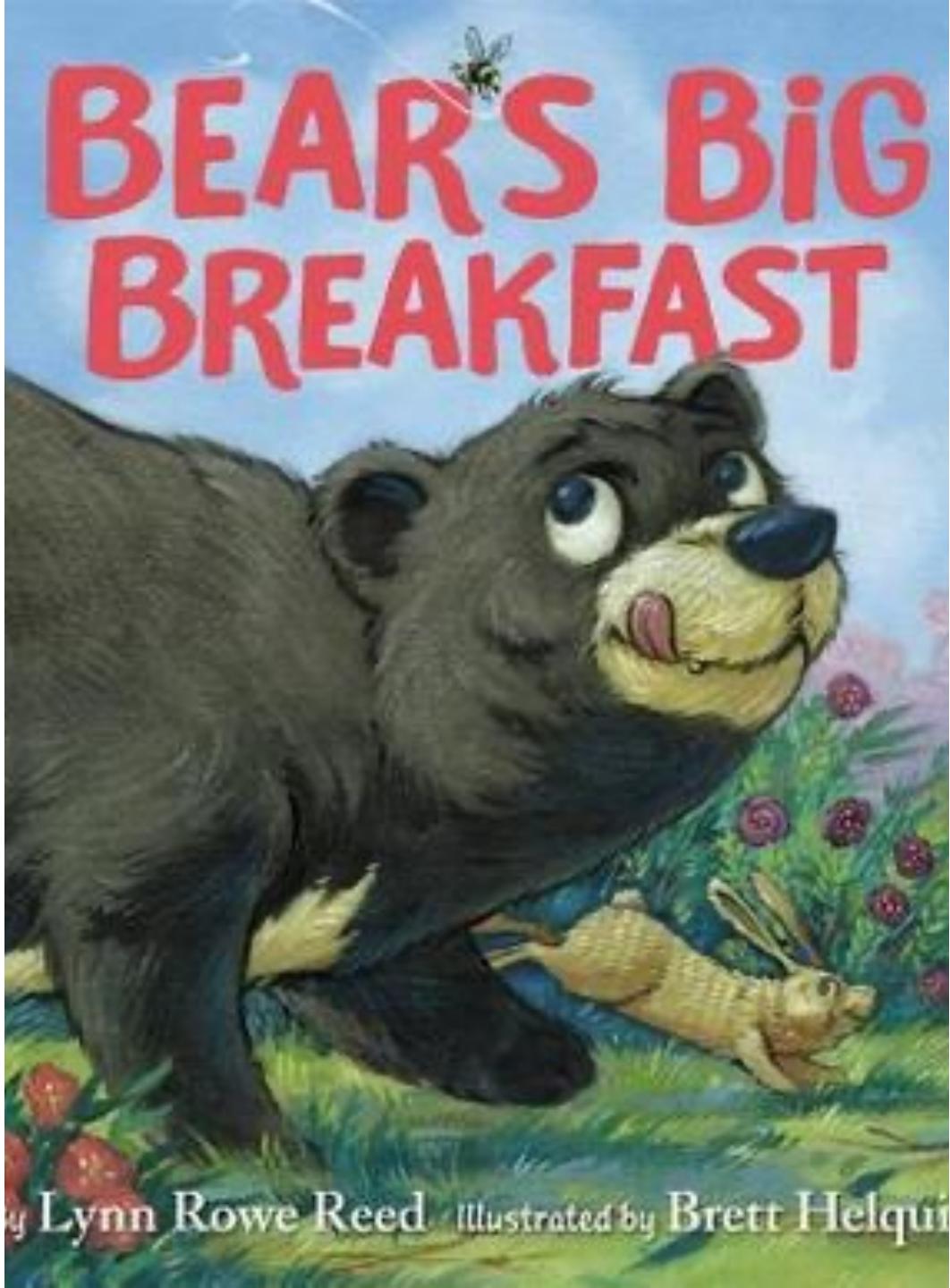
What could you use to
design a bear?

You can make a mini-book!

- Fold the paper in half
- Then in half again.







In this book Bear considers several foods—Bunny, Bee, Boa, bark, Bat, Bluebird and berries!

Lynn Rowe Reed Illustrated by Brett Helquist