

# A Bear's Lunch

**Focus**— Animals eat different foods.

Hello and Name Songs

Finger play:

Bears like berries (pick berries low)

Bears like meat (chew)

Bears like insects (flutter hands)

Bears like to eat! (clap)

## • **First 15 minutes— Gathering:**

- Color and collect Bear Food Cards, from Growing Up WILD, in paper bag “bear stomachs”.
- Pretend to be a bear sleeping in a cardboard carton box.
- Play with toy bears, bear books, plastic bears.

## **Learning**

Prepare a bear food tray—toy insects, meats, berries—examine the different bear foods and talk about which are meat, bugs, or plants. Animals eat different ways. Some eat meat, some eat plants and some eat bugs, and some eat every kind of food. *We call the ones that eat meat—carnivores, the ones that eat plants--herbivores, the ones that eat insects—insectivores, detritivores eat decaying things, and the ones that eat all kinds of foods –omnivores.* Read Brown Bear Brown Bear, by Eric Carle, with paper animal puppets to act out the different animals.

## **Second 15 minutes—Walk**

Find things bears could eat in the forest. Transition in with Bear Hunt.

## **Third 15 minutes—Make and take**

Make a collage of cutouts of different bear foods.

## **Fourth 15 minutes—Snack**

Dip Teddy Grahams in yogurt and eat “bear” foods like berries.

**Closing**— Make bear prints with stampers on a forest picture. Review the song, story and fingerplay, sing Good-bye songs, pass out handouts and preview the next class.

# Outcomes A Bear's Lunch

## Targets

- Animals eat different kinds of foods.
- Some animals eat meat, some plants, some decaying things, and some insects.
- Bears eat all kinds of foods.

## Extensions

- We call animals that eat meat "*carnivores*".
- We call animals that eat plants "*herbivores*".
- We call animals that eat insects "*insectivores*".
- We call animals that eat all kinds of foods "*omnivores*".
- We call animals that eat decaying things "*detrivores*".

# Thinking about outcomes: A Bear's Lunch

<b>Vocabulary</b> Bear, meat, plant, insect, <i>carnivore, herbivore,</i> <i>insectivore, omnivore</i>	<b>Concepts</b> Different animals eat different kinds of food. We have special names for animals depending on what they eat.	<b>Skills</b> Examining foods
Music and Story Attend to <u>Brown Bear</u> , <u>Brown, Bear</u> , act out the fingerplay and song, walk like a bear.	Art/Snack Make a bear food collage. Dip Teddy Bears and choose bear foods.	Walk/Explore Observe nature using all the senses.

- Bear eat fruit and
  - Bear eat insects
  - Bear eat meat and some nuts too.
  - They eat all these things together
  - So they live like me and you!
- 
- Tune Clementine

## Songs

**The bear went over the  
mountain (3x)  
To see what it could eat.  
And what do you think it  
ate (2x)  
It ate fruit and nuts on  
the mountain  
It ate meat and plants on  
the mountain  
It ate insects on the  
mountain!  
As much as it could eat.**

**Bears like berries (pick berries  
low)  
Bears like meat (chew)  
Bears like insects (flutter  
hands)  
Bears like to eat! (clap)**

**Going on a Bear Hunt with gross motor to transition back to class  
(Leader)**

**We're going on a bear hunt!**

**Climb a tall mountain.**

**Swish through the tall grass .**

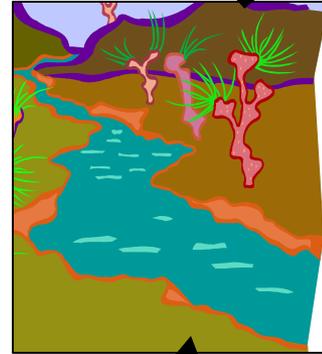
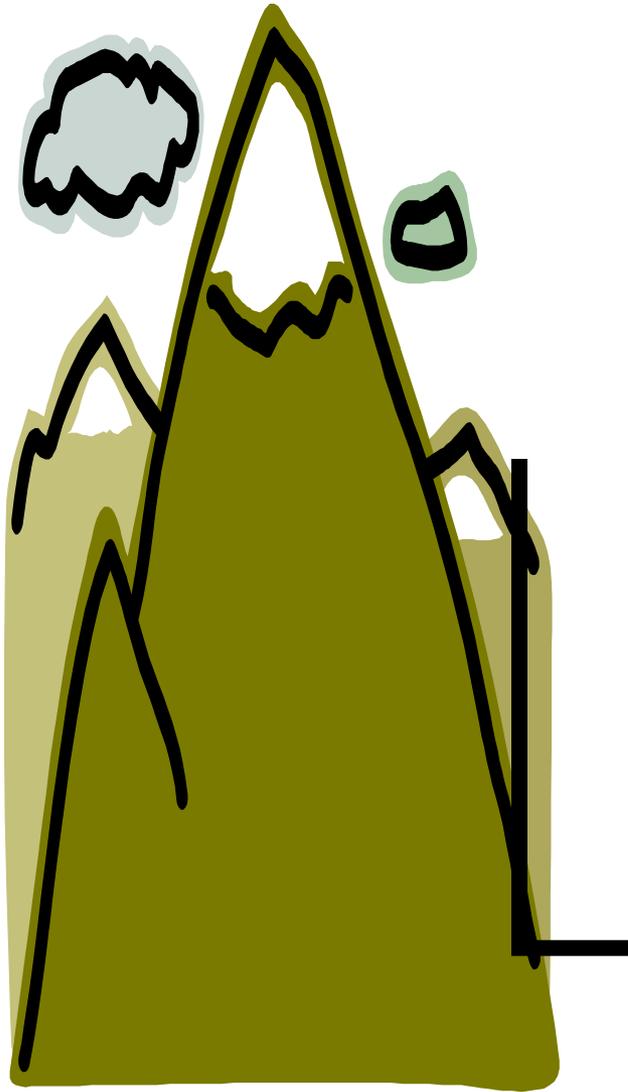
**Climb up a tree.**

**Stomp through a puddle.**

**Swim through a lake.**

**Oops—there's the bear-run run run fast back  
to class!**

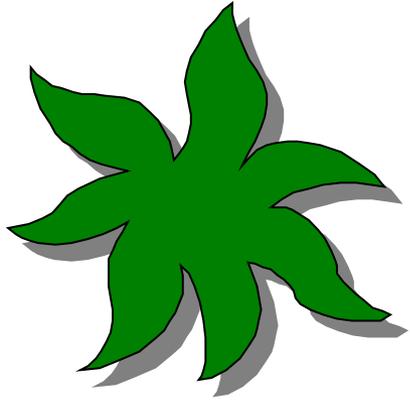
# Bear Hunt



To tape on bear end of lesson



To tape on bear end of lesson



To tape on bear end of lesson





