

## How to Make Seed Balls

1. Collect Materials: • Wildflower seeds native to your area • Soil, ideally with no additives • Compost • Sand • Water in a squirt bottle • Measuring spoons: - 1 tablespoon - 1/2 teaspoon
2. Mix Dry Base • Add 3 tablespoons of soil to your tray. • Add 1 tablespoon of compost to your tray. • Add 1 tablespoon of sand to tray. • Mix well with your fingers.
3. Add Seeds It's important to use seeds that are native to your area. • Add a 1/2 teaspoon of seeds to your other dry components. • Mix in well with your fingers.
4. Add Water and Combine • Add a little bit of water at a time and work it in with your fingers. • Strive for a consistency like cookie dough. The idea is to get the mixture to stick to itself enough to form balls. • Remember: You can keep adding water, but you can't take it away, so add sparingly and try to form balls before adding more.
5. Form • Form the seeds balls with your fingers; the size should be like a large marble or an almond M&M. You want them small enough that they dry quickly and break down easily. This recipe should yield eight to 10 seed balls. • Don't worry about getting them perfectly round. Seed "blobs" are also fine. •
6. Dry \* Once formed, place them on an aluminum foil sheet to dry. • Let them sit in a dry place for about 24 hours. You want them to be hard as rocks.
7. Distribute. • When your seed balls are ready to be distributed, make sure they hit bare ground and don't land on top of sod or other established plants. You want the seeds to directly contact with the ground once rain and weather break them down. • You don't need to water, "plant" or otherwise tend to your seed balls. Just sit back and wait for your flowers to bloom.

Read more at [wildflower.org/magazine/native-plants/meet-your-seeds](http://wildflower.org/magazine/native-plants/meet-your-seeds)